Sexual Health and Sex Education Access Among Latina College Students

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Abstract

This research proposal aims to find new methods to increase access to sex education among Latinas. One of the objectives of this study is to explore how as a society and medical professionals can find new ways to improve sexual health education and make it more inclusive among Latina college students. The significance of this study is to raise awareness of sexual health among Latinas and the merit of this study is to ask how Latinas define good sexual health and safe sex in their own words. The literature highlights the experiences and barriers Latinas face when accessing sexual health and sex education, including the importance of introducing the topic of sex at a young age and cultural stigmas regarding sex education and sexual health. Doing semi-structured interviews, will help analyze the areas in which sexual health education can be more accessible to Latinas and how medical professionals can improve this ongoing issue.

I decided to present at the National Conference of Undergraduate Research in order to be able to present my own research, as well as to learn about my other peers’ interests and passions. Being able to present my research will also help me gain the tools I need for my professional career as a future medical provider. Lastly, this opportunity is a way in which I can share the importance of sex education and sexual health among the community